

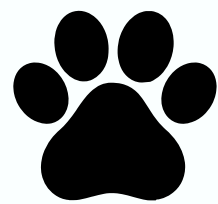


P.S./M.S. 89 -THE WILLIAMSBRIDGE SCHOOL

PANTHER

PRESS

Chief Creators and Editors: Ms. Burgess and Ms. Rivera



MAY 2024

**UPCOMING
EVENTS**

May 8th-9th- Math State Test (Paper & Computer - based)

May 17th- Middle School Six Flags Trip

May 23rd- Bronx All Star Day @ Yankee Stadium

May 24th- Middle School Spring Music Concert

May 27th- Memorial Day (No School)

May 28th- Middle School Spring Music Concert

May 29th- Athletic Awards Night

MEMORIAL DAY



**What is Memorial Day
and why do we get
that day off?**

**Memorial Day
honors military
members who have
died serving their
country during
America's wars.
Memorial Day began
as a holiday called
Decoration Day
where people
decorated the
graves of fallen
soldiers.**



CINCO DE MAYO

Cinco de Mayo is a holiday that celebrates Mexico's victory over the French at the Battle of Puebla on May 5, 1862. It's not really a popular holiday in Mexico, but in the United States it has become an important way to commemorate Mexican culture and heritage especially in Mexican-American populations

Fun Facts about Cinco De Mayo



- Cinco de Mayo is not Mexico's Independence Day
- It celebrates Mexico's victory against Imperial France.
- The Mexican Army beat the harshest odds.
- The Battle of Puebla symbolizes a victory against invaders.
- Cinco de Mayo is not a national holiday in Mexico.



Reminder

- Breakfast is served Monday-Friday at 7:45 AM in the cafeteria
- Bring your Yondr pouches everyday!
- School begins at 8:00am, be on time.
- Always come to school prepared.
- You are awesome!

APRIL SHOWERS BRING MAY FLOWERS

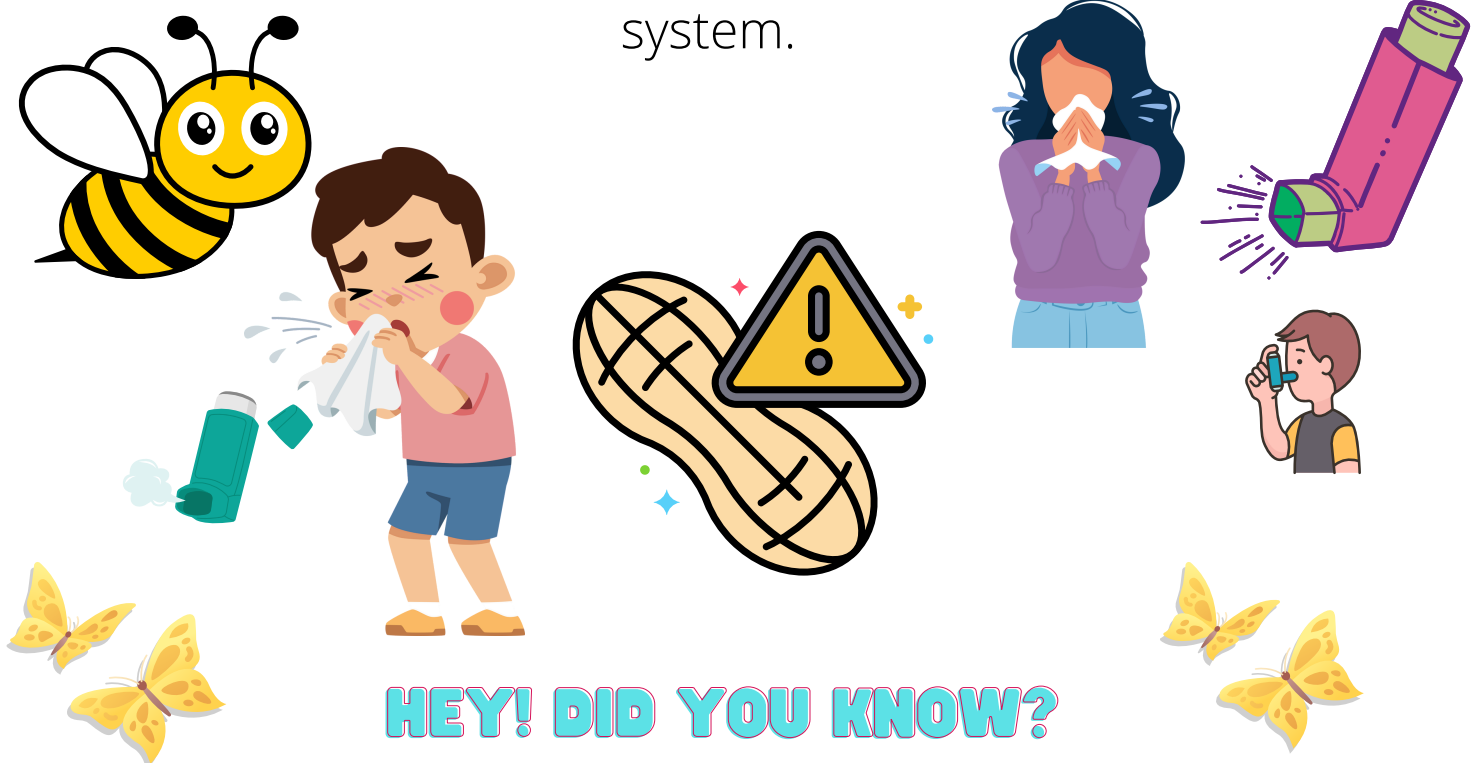
Spring

WHAT ARE ALLERGIES AND WHY DO I KEEP SNEEZING?

Allergies happen when your immune system reacts to a foreign substance like pollen, bee venom, pet dander or a food that doesn't cause a reaction in most people.

Your immune system produces substances known as antibodies. When you have allergies, your immune system makes antibodies that identify a particular allergen as harmful, even though it isn't.

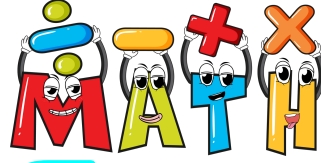
When you come into contact with the allergen, your immune system's reaction can inflame your skin, sinuses, airways or digestive system.



HEY! DID YOU KNOW?

1. ASTHMA AND ALLERGIES ARE COMMON
2. CHILDREN CAN OUTGROW ALLERGIES
3. THERE IS NO CURE FOR ASTHMA OR ALLERGIES

TESTING TESTING 123...



**NYS MATH STATE TEST IS ALMOST HERE,
TIPS FOR TAKING THE STATE TEST HERE ARE SOME
SUGGESTIONS TO HELP YOU DO YOUR BEST:**



- **BE SURE TO READ ALL THE DIRECTIONS
CAREFULLY. REVIEW MATH RESOURCES:**

- **USE YOUR MATH TEXTBOOK, SEEK OUT OTHER
MATH RESOURCES AT SCHOOL OR AT YOUR
LOCAL LIBRARY, OR ASK YOUR TEACHER TO
RECOMMEND RESOURCES FOR YOU TO USE.**
- **PRACTICE SOLVING MATH QUESTIONS EVERY
DAY. SOLVE BOTH BASIC AND**

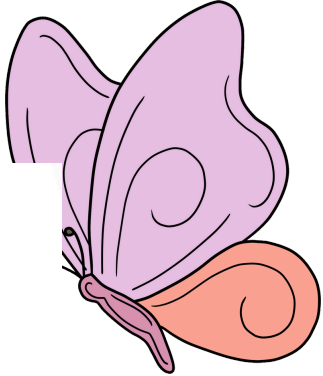


- **CHALLENGING QUESTIONS:**
- **BASIC QUESTIONS REINFORCE MATH SKILLS SUCH
AS SIMPLIFYING FRACTIONS AND APPLYING THE
CONCEPT OF STATISTICS.**
- **MORE CHALLENGING QUESTIONS REQUIRE
SETTING UP COMPLEX EQUATIONS WITH MULTIPLE
STEPS. THEY MAY ALSO REQUIRE USING VARIOUS
TYPES OF MATH SKILLS. FOR EXAMPLE, YOU MAY
USE FRACTIONS, SOLVE FOR EQUATIONS, AND
APPLY YOUR KNOWLEDGE OF STATISTICS TO
ANSWER ONE QUESTION.**
- **IF YOU ARE UNSURE OF HOW TO ANSWER A
QUESTION, SKIP IT AND RETURN TO IT AFTER
ANSWERING THE OTHER QUESTIONS.**
- **YOU MAY HAVE A BETTER IDEA OF HOW TO SOLVE
A PROBLEM AFTER COMPLETING OTHER
QUESTIONS.**





LINA'S BRAIN BREAK

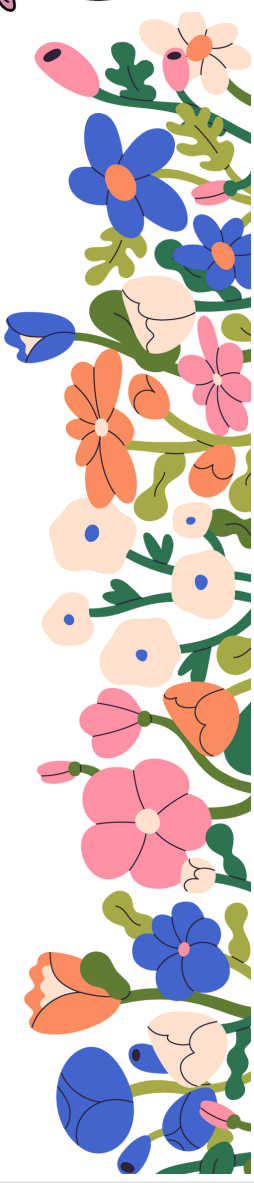


Colors Word Search

Can you find the words hidden in the puzzle?

A	Y	M	S	C	I	E	N	R	E	D	Q
O	E	R	E	A	T	O	O	K	N	R	F
I	L	S	A	B	L	A	C	K	G	Y	B
N	L	S	W	R	R	M	P	T	P	N	L
T	O	T	D	O	E	E	G	J	I	R	U
O	W	D	E	W	M	O	R	A	N	G	E
R	R	H	P	N	U	G	A	R	K	E	A
Y	F	A	I	A	G	F	Y	U	T	O	P
H	M	M	D	T	I	R	R	G	O	L	D
P	U	R	P	L	E	K	E	M	E	L	H
D	V	T	U	A	D	Z	C	E	E	E	Y
P	S	I	L	V	E	R	U	A	N	S	T

- | | | |
|------|--------|--------|
| RED | YELLOW | WHITE |
| BLUE | ORANGE | BLACK |
| PINK | PURPLE | GREEN |
| GRAY | BROWN | SILVER |



NUMBER MAZE

Help the bee find its way home by coloring numbers 100-200 in the honeycomb maze:

0		102	72
101	103	104	
42	100	44	105
108	300	106	32
109	107	72	71
53	5	119	120
110	500	12	
112	111	118	
114	26	116	
113	115	117	

Level 1-2

Score 100

Find your way to the treasure box

May is Mental Health Awareness Month



Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make healthy choices.

Mental Health Activities for kids.

1. **Practice Gratitude-** Speaking of gratitude, incorporating a daily practice of what you're thankful for will do wonders for your child's mood.
2. **Finding New Hobbies-** Encouraging yourself to make time for your favorite hobbies is one of the best ways to teach about self-care and stress management.
3. **Spend time outdoors-** Don't underestimate the power of nature! Getting fresh air and appreciating nature can be very relaxing, and it's a great way to practice mindfulness. The stress of everyday life can take a toll on everyone, and it's often easy to forget that even children feel stressed.
4. **Words of affirmation-** This wellbeing activity has become increasingly popular in recent years, and it can really help kids build self-esteem, confidence, and self-assurance. Practicing words of affirmation can truly transform your emotional wellbeing. It provides useful reminders of who you are. Say things like...



- **I am strong.**
- **I am valued.**
- **I am loved.**
- **I'm going to have a good day at school.**
- **I am intelligent**



5. **Try some Yoga with some fun animal poses.**



Yoga is a great form of exercise, as it encourages movement, stretching, relaxation and mindfulness. Many yoga poses are based on animals, and this gets young people excited to try this low impact physical activity. Some yoga poses to try include:

- Cat/cow
- Downward-facing dog
- Cobra



ANGELYS' ART CORNER



NELSON MANDELA

BORN: JULY 18, 1918, MVEZO,
SOUTH AFRICA

DIED: DECEMBER 5, 2013 (AGE 95
YEARS), HOUGHTON ESTATE,
JOHANNESBURG, SOUTH AFRICA

AS PRESIDENT OF SOUTH AFRICA, NELSON MANDELA IMPROVED THE LIVING STANDARDS AND FACILITIES OF SOUTH AFRICA'S BLACK POPULATION, WHO HAD SUFFERED FOR DECADES UNDER APARTHEID. HE ALSO WORKED HARD TO MAKE SOUTH AFRICA A COUNTRY OF EQUALITY, WHERE PEOPLE OF ALL RACE AND COLOR COULD LIVE TOGETHER IN PEACE.



RAYLEIGH DOMINGUEZ AND KEYANNA MCBRIDE



SONIA SOTOMAYOR

SOTOMAYOR BECAME THE YOUNGEST JUDGE IN THE SOUTHERN DISTRICT AND THE FIRST HISPANIC FEDERAL JUDGE IN NEW YORK STATE. SHE BECAME THE FIRST PUERTO RICAN WOMAN TO SERVE AS A JUDGE IN A U.S. FEDERAL COURT. SHE WAS ONE OF SEVEN WOMEN AMONG THE DISTRICT'S 58 JUDGES.

SONIA GRADUATED SUMMA CUM LAUDE AND WON THE MOSES TAYLOR PYNE HONOR PRIZE — THE HIGHEST HONOR A SENIOR COULD EARN.

A FAMOUS QUOTE OF SOTOMAYOR IS...UNTIL WE GET EQUALITY IN EDUCATION, WE WON'T HAVE AN EQUAL SOCIETY. I DO KNOW ONE THING ABOUT ME: I DON'T MEASURE MYSELF BY OTHERS' EXPECTATIONS OR LET OTHERS DEFINE MY WORTH.

Who's Who in 89!



MEET MS. ROBIE!

Dior

BY TREASURE THOMPSON AND MAYA WRIGHT

SOME PEOPLE THINK THAT THEY KNOW MS. ROBIE BUT WE LEARNED A LOT OF INTERESTING FACTS ABOUT HER.

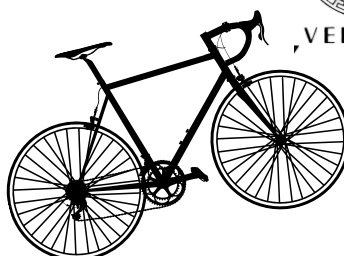
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10 FACTS ABOUT MS. ROBIE

1. SHE HAS BEEN THE DEAN AT P.S. 89 FOR 14 YEARS.
2. SHE LOVES WORKING WITH CHILDREN BUT SHE HAS TWO CHILDREN OF HER OWN. SHE HAS ONE GIRL AND ONE BOY, CHERENE AND CHEMIER.
3. HER FAVORITE COLOR IS GREY.
4. SHE LOVES ADVENTURES BUT HER MOST EXCITING ADVENTURE WAS WHEN SHE WENT BIKE RIDING IN NYC.
5. HER FAVORITE HOBBY IS SHOPPING AND FINDING THE BEST DEALS.
6. IF SHE COULD LISTEN TO ONE SONG FOR THE REST OF HER LIFE, IT WOULD BE "WE ARE ONE" BY PITBULL
7. IF SHE COULD CHOOSE ONE SUPERPOWER TO HAVE, IT WOULD BE TO HAVE THE ABILITY TO CHANGE TIME.
8. HER MOST FAVORITE THING ABOUT P.S. 89 ARE THE CHILDREN AND THE RELATIONSHIPS THAT SHE BUILDS WITH THEM.
9. THE ADVICE THAT SHE WOULD GIVE HER YOUNGER SELF IS TO NEVER GIVE UP AND TO ENJOY LIFE.
10. ADVICE THAT SHE WANTS ALL 89ER'S TO LIVE BY IS TO ALWAYS BE HONEST.

BURBERRY



MEET MS. JAMIE GONZALEZ

A SHINING STAR

HELLO EVERYONE! OUR NAMES ARE EMILY AND SKYIN. WE ARE INTERVIEWERS WITH THE PANTHER PRESS. DID YOU KNOW THAT P.S. 89 HAS A PARENT COORDINATOR? HER NAME IS MS. JAMIE GONZALEZ. SHE IS LOCATED ON THE FIRST FLOOR IN ROOM 154. WE WANTED TO KNOW MORE ABOUT HER SO WE INTERVIEWED HER.

WE ASKED HER FIVE QUESTIONS.

Q. WHAT DO YOU LIKE MOST ABOUT YOUR JOB?

A. WHAT I LIKE MOST ABOUT MY JOB IS THE HUGS THAT I GET FROM STUDENTS. THE CHILDREN HERE ARE WONDERFUL!

Q. WHY DID YOU DECIDE TO WORK IN A SCHOOL WITH CHILDREN? WAS THIS A DREAM OF YOURS AS A CHILD?

A. YES, IT WAS A DREAM OF MINE. I STARTED AS A PARENT ASSOCIATION PRESIDENT AND THEN I GOT OFFERED THIS POSITION. I WAS VERY HAPPY ABOUT IT.

Q. DO YOU HAVE CHILDREN OF YOUR OWN? IF SO, HOW MANY?

A. YES, I HAVE FOUR CHILDREN, THREE BOYS AND ONE GIRL. THEIR NAMES ARE VICTOR, JACOB, JASON AND LILLIANA.

Q. WORKING WITH CHILDREN CAN BE TOUGH. WHAT DO YOU DO TO RELAX?

A. THAT'S A GREAT QUESTION! I SOAK IN THE BATH WHEN I GET HOME AND JUST LISTEN TO MUSIC.

Q. WHAT IS ONE PIECE OF ADVICE THAT YOU WOULD GIVE TO AN ASPIRING PARENT COORDINATOR?

A. I WOULD TELL THEM THAT IT IS VERY IMPORTANT TO BE ORGANIZED. SOMETIMES THE DAY CAN BE CHAOTIC BUT WHEN YOU ARE ORGANIZED, IT MAKES LIFE A LITTLE EASIER.

