



PANTHER PRESS



FEBRUARY 2023

- February 1st- First Day of Black History Month
- February 8th- Bagels with Burgos
- February 13th-17th- Respect for All Week
- February 14th- Valentine's Day
- February 20th- President's Day
- February 20th-24th Midwinter Recess- NO SCHOOL



Did You Know?!



- Barack Obama was the 44th president of the United States and the very first African American president.
- Muhammad Ali was one of the greatest professional boxers of all time.
- Hattie McDaniel, the first African American to win an Oscar, wasn't allowed to attend Gone With the Wind's national premiere.
- Madam C.J. Walker was an African American entrepreneur who became America's first female self-made millionaire.
- Matthew Henson was a key member of the first successful expedition to the North Pole and made seven separate voyages to the Arctic.
- Phillis Wheatley was only 12 when she became the first female African American author published.
- Jerry Lawson, an American electronic engineer is best known for leading the group that developed the first commercial video game cartridge and created the Fairchild Channel F video game system.
- Benjamin Banneker taught himself astronomy and math to become America's "First Known African American Man of Science".



WHO'S WHO?



Hey 89 Scholars! I would like you to meet my friend Troy Campbell. Most of you know him as Mr. Troy. Seven years ago, he was encouraged by a friend, to work with children. He has been a paraprofessional at P.S. 89 ever since. He really loves working with children, being a positive role model, and helping them to become good decisions makers.

Mr. Troy is a "People Person" and he loves meeting and talking to new people every day. When I asked him what he enjoys, he said "I enjoy rap music, basketball, sneakers and looking drippy." When asked about advice that he would want to give students, Mr. Troy said with a smile, "Stay out of trouble, do the right thing, and always surround yourself with good people!"



Many students view Mr. Troy as a big brother. So the next time you see him in the school building or in the yard, and you need some advice, some positive energy, or just a big brother to talk to, don't hesitate to talk to him. He's an awesome guy!

Meet Besjon Balaj

Besjon has been working at PS/MS 89 for eight years as a Tech Support Engineer. Did you know that he was once a student at this school? Besjon described himself as a mischievous student who always got into trouble. He said that he spent a lot of time in the principal's office. That is when he began to form a really good bond with Mr. Martinez, the principal. When he graduated from high school, he quickly applied for a job at the school. He wanted to help young children who were just like him when he was a child.



In addition to his love of technology, Besjon is an artist. He even designed his first tattoo! He loves designer clothes and football.

Besjon wants all young people to live their lives with three pieces of advice in mind. #1 Sometimes not saying anything is better than saying something. #2 Always humble yourself because your actions now, will shape your future. #3 There is always room for improvement. So, the next time you see Besjon, make sure you approach him. He is always willing to help inspire the youth.



Notable African American Inventors

1. Mailbox (1891) - Phillip Downing
2. Traffic light (1922) - Garrett Morgan
3. Automatic Gear Shift (1932) - Richard Spikes
4. Clothes Dryer (1892) - George T. Sampson
5. Automatic Elevator Doors (1887) - Alexander Miles
6. Folding Chairs (1889) - John Purdy
7. Gas Heating Furnace (1919) - Alice H. Parker
8. Golf Tee (1899) - George Grant
9. Modern Toilet (1872) - Thomas Elkins
10. Home Security Systems (1966) - Mary Van Brittan Brown



BONUS:

1. Pacemaker (1964) - Otis Boykin
2. Potato Chips (1853) - George Speck (aka. George Crum)
3. Thermostat / Temperature Control (1935) - Frederick Jones
4. Super Soaker (1990) - Lonnie G. Johnson
5. Touch-Tone Telephone (1987) - Dr. Shirley Ann Jackson



Workout with your Family!



For the Love February Fitness Challenge of Exercise

REMINDER!

- Breakfast is served Monday-Friday at 7:45 AM in the cafeteria
- Bring your Yondr pouches everyday!
- School begins at 8:00am, be on time.
- Always come to school prepared.
- You are awesome!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Using the calendar below, mark an X through each day you complete the exercises. At the end of the month, add up the total number of days completed. If you complete 10 or more days of exercises, return the calendar to your PE teacher to earn an award certificate and a toe token. Feel free to modify the exercises so they are challenging for you. For example, you may not have a jump rope. Therefore, you can jump with an imaginary rope or do jumping jacks instead.					1 :30 Jump Rope 5 Burpees :30 Jump Rope 5 Burpees 1:00 Jump Rope	2 :30 Jump Rope :30 Low plank :30 Jump Rope :30 Low plank 1:00 Jump Rope
3 :30 Jump Rope 10 Squats 10 Squats 1:00 Jump Rope	4 :30 Jump Rope 5 Burpees :30 Jump Rope 5 Burpees 1:00 Jump Rope	5 :30 Jump Rope :30 Low plank :30 Jump Rope :30 Low plank 1:00 Jump Rope	6 REST & READ	7 :30 Jump Rope 10 Squats :30 Jump Rope 10 Squats 1:00 Jump Rope	8 :45 Jump Rope 10 Burpees :45 Jump Rope 10 Burpees 1:30 Jump Rope	9 :45 Jump Rope :40 Low plank :45 Jump Rope :40 Low plank 1:30 Jump Rope
10 :45 Jump Rope 14 Squats :45 Jump Rope 14 Squats 1:30 Jump Rope	11 :45 Jump Rope 10 Burpees :45 Jump Rope 10 Burpees 1:30 Jump Rope	12 :45 Jump Rope :40 Low plank :45 Jump Rope :40 Low plank 1:30 Jump Rope	13 REST & READ	14 :45 Jump Rope 14 Squats :45 Jump Rope 14 Squats 1:30 Jump Rope	15 1:00 Jump Rope 12 Squats 1:00 Jump Rope 1 Burpees 1:45 Jump Rope	16 1:00 Jump Rope :50 Low plank 1:00 Jump Rope :50 Low plank 1:45 Jump Rope
17 1:00 Jump Rope 16 Squats 1:00 Jump Rope 16 Squats 1:45 Jump Rope	18 1:00 Jump Rope 12 Burpees 1:00 Jump Rope 12 Burpees 1:45 Jump Rope	19 1:00 Jump Rope :50 Low plank 1:00 Jump Rope :50 Low plank 1:45 Jump Rope	20 REST & READ	21 1:00 Jump Rope 16 Squats 1:00 Jump Rope 16 Squats 1:45 Jump Rope	22 1:15 Jump 2Rope 15 Burpees 1:15 Jump Rope 15 Burpees 2:00 Jump Rope	23 1:15 Jump Rope 1:00 Low plank 1:15 Jump Rope 1:00 Low plank 2:00 Jump Rope
24 1:15 Jump Rope 20 Squats 1:15 Jump Rope 20 Squats 2:00 Jump Rope	25 1:15 Jump Rope 15 Burpees 1:15 Jump Rope 15 Burpees 2:00 Jump Rope	26 1:15 Jump Rope 1:00 Low plank 1:15 Jump Rope 1:00 Low plank 2:00 Jump Rope	27 REST & READ	28 1:15 Jump Rope 20 Squats 1:15 Jump Rope 20 Squats 2:00 Jump Rope		

Big Picture Community Circle



This month's community circle will focus on **Respect for All**.

What is "Respect for All" about?

From February 14–18, 2022, New York City public schools across the five boroughs are celebrating Respect for All (RFA) Week, the DOE's annual, weeklong call to action for City schools to build, promote, and maintain safe and inclusionary school communities and environments on behalf of all students, staff, and community members.

Dates to Remember:

- ➔ February 15: Anti-bullying/Cyberbullying
- ➔ February 16: Respect for Diversity, Religious Acceptance, and Racial Diversity
- ➔ February 17: Gender Identity, Sexual Orientation, and LGBTQ Pride
- ➔ February 17: "Random Acts of Kindness Day"
- ➔ February 18: National No One Eats Alone Day



Do you have an idea you'd like to present, artwork you'd like to share, or maybe a question you need an answer to? Stop by Room 303 to put your ideas in the suggestion box.

Do you know someone who is amazingly awesome and you would like the rest of the world to know about them? Then nominate them for the *Who's Who* section of the newsletter and our reporters will interview them.



What's the meaning of Valentines Day?

It originated as a Christian feast day honoring one or two early Christian martyrs named Saint Valentine and, through later folk traditions, has become a significant cultural, religious, and commercial celebration of romance and love in many regions of the world.

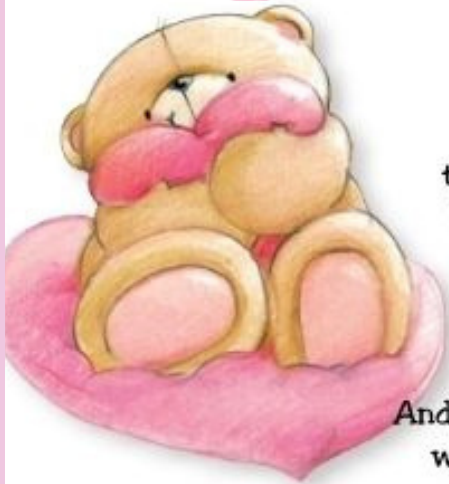
Facts about Valentines Day:

Date: Tuesday, February 14, 2023

Also called: Saint Valentine's Day or the Feast of Saint Valentine
Observed for: 1,527 years



POETRY



Friendship Poem

Oh what joy it is
to have a friend like you
For giving me strength
the way you do

For lifting me up
when I'm feeling down
And putting a smile on my face
when I'm wearing a frown

Thanks for being there
and helping me grow
Your friendship means a lot
this I'd like you to know.



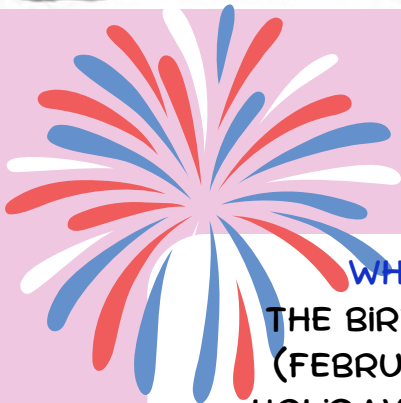
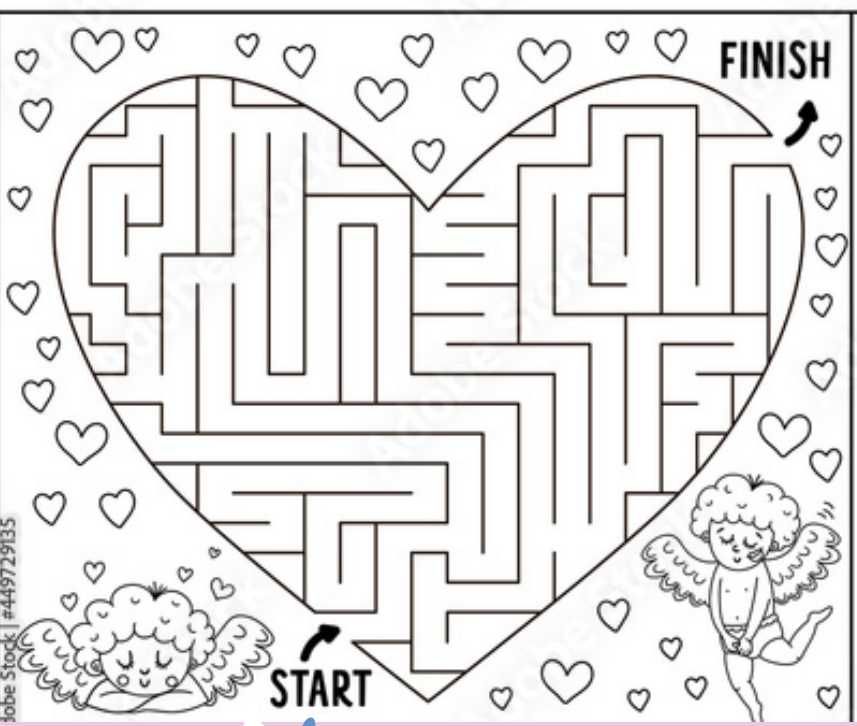
Valentine Words

adore honey dear
February admire love
friend special hug



o l a d f i d e a r
c a f h e v e k u h
r i a j b y a l a o
g c t f r i e n d n
p e r a u q u t o n
s p m n a c l o r y
z s b o r d o t e g
h o n e y d v e g u
w a d m i r e s e h

MAZE CRAZE!



WHO DO WE CELEBRATE ON PRESIDENTS DAY?

THE BIRTHDAY OF U.S. PRESIDENT GEORGE WASHINGTON (FEBRUARY 22) WAS FIRST CELEBRATED AS A FEDERAL HOLIDAY IN THE UNITED STATES IN THE 1880S. IN 1968 THE HOLIDAY WAS ADAPTED TO ALSO HONOUR THE BIRTH OF U.S. PRESIDENT ABRAHAM LINCOLN (FEBRUARY 12) AND MOVED TO THE THIRD MONDAY IN FEBRUARY.

